

Internet / Social Media

Can sometimes make us wise but—when dominant in our diet—often makes us fools. Should be approached intentionally and used sparingly.

Beauty

Art, culture, creativity, wonder, rest. Makes us wise by engaging our hearts, slowing us down, and inspiring our worship of God.

Books

Sources of education and carriers of time-tested truth. Make us wise by helping us think more deeply, broadly, and carefully about God's world.

Nature

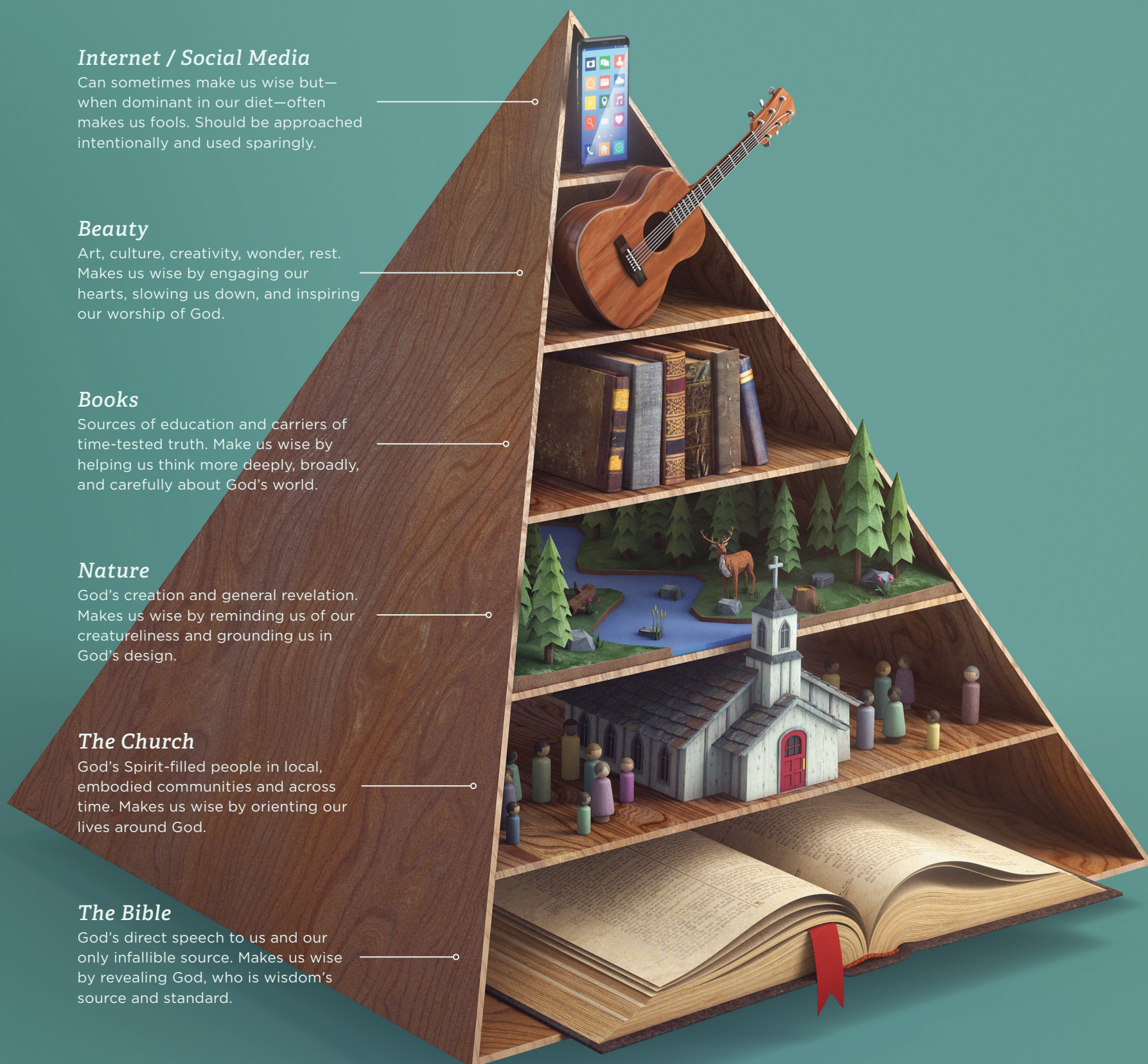
God's creation and general revelation. Makes us wise by reminding us of our creatureliness and grounding us in God's design.

The Church

God's Spirit-filled people in local, embodied communities and across time. Makes us wise by orienting our lives around God.

The Bible

God's direct speech to us and our only infallible source. Makes us wise by revealing God, who is wisdom's source and standard.



THE WISDOM PYRAMID

In a post-truth, fake news world, we don't know what to trust. The overwhelming glut, reckless speed, and personalized orientation of information in the digital age is making us sick. We need, for our mental and spiritual health, what the Food Pyramid is for our physical health: guidance for what to consume and not to consume, and in what proportions, so that we can become healthy and wise.